



Group guide for the week of 01-29-12

Part 1 | www.fountainchurch.com

Note: This Study Guide is to be worked on sometime during the week as you prepare for your LifeGroup!

Opening - Storm Stories: Did you lose power? Did you bunk with family or friends? Share a story from the past week of craziness!

Vehicle (have fun with it!): If your spiritual growth was a vehicle, what would you be driving, and why would you describe it that way? What would you like to be driving?

Enemies Of Growth: In the message five “enemies of growth” were discussed; things that become de-accelerators:

- Stagnancy (getting stuck in ruts or comfort)
- Impatience (getting frustrated with the process)
- Emotions (waiting until you feel like it)
- Disobedience (knowing what to do but not doing it)
- Tomorrow (putting it off, waiting for perfect circumstances)

1. Do you fall prey to any of these when it comes to growth?

2. How can you actively fight these “enemies of growth”?

In 2 Peter 3:18, we are told to grow both in the **grace and knowledge** of our Lord and Savior.

3. What would some evidences of growth in **knowledge** be (in other words, what does the fruit look like)?

4. What would some evidences of growth in **grace** be (in other words, what does the fruit look like)?

5. Read the following verses. What conclusions can you draw from each about knowledge without action, grace, or love?

- 1 Corinthians 8:1
- James 1:22
- John 8:31-32

Make It Personal: In the message, Sean discussed growth to be very “practical”. What practical steps are you taking this week to ensure that you are growing?